

Health Optimising Treatment

WHAT MAKES HEALTH OPTIMISING UNIQUE

Health Optimising Clinics utilise the most advanced technologies to treat the factors identified through your Optimal Health Assessment. We have a wealth of experience as to which combination of treatments gives optimal results in the fastest time. Health Optimising Clinics demonstrate time and again that **chronic and incurable diseases can often be resolved by people's intrinsic self-regulating mechanisms**, with help of the right combination of hi-tech treatments and lifestyle coaching.

Only Health Optimising Clinics have the full combination of technologies and the methodology to combine them to achieve outstanding results, ensuring **an exceptional health service**.

FIRST ADDRESS THE INDIVIDUAL CAUSATIONS

Patients with the same diagnosis always have a combination of different causative factors which must be specifically addressed to encourage self-regulation of problems.

Your Optimal Health Treatment Pathway first addresses your main underlying causations and trigger factors responsible for the reasons why health challenges developed in the first place. It is absolutely necessary to address all the primary causations to be able to resolve problems. We **also aim to resolve secondary factors and indirect aggravating factors** to achieve the **quickest and best results possible**. Many of the causations are best resolved using a combination of hi-tech methodologies. We also coach you in necessary, concurrent lifestyle changes.

Our service is complimentary to standard health services. Considering that **half the population have or will get chronic illnesses that they cannot resolve**, our comprehensive hi-tech service is very much needed.

TYPES OF TREATMENT TECHNOLOGIES

Here are examples of treatment technologies, which vary by clinic;

Health Optimising Cell Regulator; stimulates the exchange of sodium and potassium ions, thus upregulating mitochondrial activity. This improves the cellular function and energy. The technology also has programmes to improve the microcirculation and other foundational health factors. This technology can also be purchased or rented for home use.



Cell-volt charging machine that can increase the cell voltage in a local tissue to the ideal -90mv and correct the dielectric properties of the cell membranes. This enables the cells to exchange ions correctly, giving immediate results in cell function, inflammation reduction and stimulation of restitution/repair processes.

Nitric Oxide gas machine that increases Nitric Oxide levels within minutes and thus resolves the most important factor for cardiovascular health according to the 1989 Nobel Prize in Medicine. This is also an important machine in our protocols for stimulating the healing of diabetic ulcers.

Pulsed Plasma Light technology that destroys microorganisms through a resonance effect with the molecular movements of specific microorganisms as measured with molecular spectroscopy.

Two combined technologies for stimulation of subconscious processes, neurotransmitters, activity in different parts of the brain, and brain wave regulation. Utilized for psychological and psychosomatic treatments by our psychologists.

A technology for stimulating dendrite activity in the brain, thus enabling better processing of information, as well as improving many other brain functions.

A technology that can give the blueprint for how the molecular movement and cell information should be, based on a vast number of reference measurements of tissue samples with molecular spectroscopy.

Several technologies for local stimulation of injury/wound healing, which in the right combination give the potential to speed up the recovery time threefold, and even give the potential to complete the healing of old injuries.

Several technologies for skeletal alignment, releasing muscle strain and regulating the nervous system, which in combination give the potential to resolve many challenges.

THEN STIMULATE THE INTRINSIC SELF-REGULATING MECHANISMS

After addressing the roots of the health challenges, **we stimulate the intrinsic self-regulating mechanisms** to make the best possible effort to resolve the problems. This system should have dealt with the problem when it first developed. Yet, health problems develop when the sum of underlying causations, trigger factors and aggravating factors is larger than the intrinsic capacity for dealing with them. An adaptation to the problems then develops, and **through this adaptation the intrinsic mechanisms stop trying to resolve the problem.** Resolving the roots of the problem will then usually no longer be enough, because it has become a new norm which the body has adapted to.





BREAKTHROUGH TECHNOLOGY USING SIGNALS BIOIDENTICAL TO THE BRAIN FOR HOMEOSTASIS

We have a **breakthrough technology** that can stimulate the specific intrinsic mechanisms needed to resolve health challenges, **using signals that are bioidentical to those the brain uses to stimulate the same mechanisms before the challenges are adapted to.** As long as the causative factors have been sufficiently dealt with, this treatment often creates remarkable results.

Therefore, we use this technology as the last part of the standard Health Optimising treatment sequence. When the challenges are complex and highly manifested, it is usually necessary to repeat the sequence of addressing causations and then stimulating the intrinsic self-regulating mechanisms.

The **end goal is to help the body's own mechanisms fully create and maintain homeostasis and good health.**

